

RECOMMENDED MVFD CORE DANCES for 2014

Orientation Class Motion:

"I move that the council appoint an ad hoc committee to devise a system for the beginners class whereby teaching is limited to a core group of dances representing all the ethnic regions that we presently dance to. The list should be limited to 144 dances. No country should have more than 5% of the dances (maximum of 7 dances). The list should further be comprised of 60% non-partner dances, and 40% partner dances. Also it should have a mixture of slow vs fast, easy vs hard, and low energy vs high energy. As the years go on, the list may be changed gradually as tastes change, but the percentages must remain as enumerated above. If one dance is added, another must be subtracted. This system must be approved by the members and put into practice by the end of the year 2009." (John Pappas)

KEY:

Difficulty levels are **Easy** (drag 'em off the street), **Fairly Easy** (can be learned in one session), **Medium** (will take more than one session to learn), and **Intermediate** (9 PM level). **(Designation is extremely subjective.)**

Speeds are **Slow**, **Medium Slow**, **Medium**, **Medium Fast**, and **Fast**.

Types are no partner (0), or partner (1)

Country/Region/ ethnicity	DANCE NAME	TYPE partner=1 No partner=0	Teacher	Date
Albania				
3	Valle Pogonishte	0		
	Memede	0		
	Valle Kosovare	0		
Armenia				
4	Dar Gorani	0		
	Garun	0		
	Girl With the Black Eyes (Sev Acherov Aghcheek)	0		
	Sweet Girl	0		
Baltic (Latvia, Lithuania, Estonia)				
1	Raksi Jaak	1		

Country/Region/ ethnicity	DANCE NAME	TYPE partner=1 No partner=0	Teacher	Date
Bulgaria				
6	Bavno	0		
	Devetorka	0		
	Karamfil	0		
	Kirčo na Čardak Sedeše	0		
	Narodno	0		
	Pajduško	0		
Canada				
2	La Bastringue	1		
	Les Saluts	1		
Croatia				
6	Kolo Zita	0		
	Kriči Kriči Tiček	0		
	Pljeskavac	0		
	Seljančica	0		
	Slavonsko Kolo	0		
	Turopoljski Drmeš	0		
Czech R. / Slovakia				
2	Doudlebska Polka	1		
	Horehronsky Čzardaš	0		
England				
7	Black Nag	1		
	Dargason	1		
	Duke of Kent's Waltz	1		
	Fandango	1		
	Irish Lamentation	1		
	Picking Up Sticks	1		
	Royal Empress Tango	1		
Far Eastern				
4	(China) Lian Hua	0		
	(Mongolia) Tsatsal	0		
	(Japan) Tanko Bushi	0		
	(Taiwan) Gao Shan Ching	0		
France (& Breton &Basque)				
3	An Dro Retourné	0		
	Bal de Jugon	1		
	Bannelou Lambaol	0		

Country/Region/ ethnicity	DANCE NAME	TYPE partner=1 No partner=0	Teacher	Date
Germany / Austria				
7	Atlantic Mixer	1		
	Changier Quadrille	1		
	D'Hammerschmiedsgeselln	1		
	Die Alte Kath (zwiefacher)	1		
	Man in the Hay	1		
	Pinzgauer Boarischer	1		
	Spinnradl	1		
Greece				
7	Karagouna	0		
	Kleftes (original)	0		
	Lerikos	0		
	Sirtaki - Song of Joy	0		
	Misirlou	0		
	Syrtos/Kalamatianos (basic)	0		
	Tsamiko (12 ct)	0		
Hungary				
4	Adjon az Isten	0		
	For a Birthday	0		
	Kiskanástánc	0		
	Somogyi Karikázó	0		
Ireland				
1	Siemsa Berte	1		
Israel				
6	Ba La	1		
	Erev Ba	0		
	Haleluyah	0		
	Ma Navu	0		
	Rakefet	1		
	Tzadik Katamar	0		
Italy				
1	Italian Quadrille	1		

Country/Region/ ethnicity	DANCE NAME	TYPE partner=1 No partner=0	Teacher	Date
Macedonia				
7	Arap (basic)	0		
	Tino Mori	0		
	Berovka	0		
	Indijsko Oro	0		
	Ivanica	0		
	Jovano, Jovanke (both parts!)	0		
	Povrateno	0		
Mexico/ S. America				
6	(Bolivia) Chilili	1		
	(Venezuela) El Llanero	1		
	(Caribbean) Louie Louie	0		
	Mazurka Mexicana (Dos Besitos)	1		
	Polka Alegre	1		
	Numero Cinco	1		
Netherlands				
1	Yswals (Ice Waltz)	1		
Poland				
5	Ada's Kujawiak #1	1		
	Cyt Cyt	1		
	Kujawiak Niebieski	0		
	Sarna	0		
	Tompany (Nie Zginaj Kaliny)	1		
Roma				
6	Ciganko	0		
	Rumelai (Jeni Jol)	0		
	Cocek	0		
	Sa from Bujanovac	0		
	Te Aven Baxtale	0		
	Dana	0		
Romania				
7	Alunelul (old)	0		
	Ciuleandra	0		
	Hora Fetelor	0		
	Hora Spoitorilor	0		
	Îni Vițuî Ni Featâ, Moi	0		
	Hora Nuntasilor	0		
	Țarina De La Abrud	0		

Country/Region/ ethnicity		DANCE NAME	TYPE partner=1 No partner=0	Teacher	Date
Russia / Ukraine					
7		U Rekee	0		
		Belilitsa Kruglolitsa	0		
		Horovod	0		
		Karapyet	1		
		Korobushka	1		
		Zimushka	0		
		Ya Da Kalinushka Lomala	0		
Scandinavia					
7	N	Allemannsmarsj (= Gie Gordons)	1		
	S	Hurry Scurry (Fjaskern)	1		
	D	Little Man in a Fix	1		
	S	Margot's Waltz	1		
	S	Mona's Party Waltz	1		
	S	Totur	1		
	G	Tuluttoq-Finsk Polka	1		
Scotland					
6		Aird of Coigah	1		
		Polka Dot	0		
		Postie's Jig	1		
		Shifftin' Bobbins	1		
		St. John River	1		
		Trip to Bavaria	1		
Serbia					
6		Long Čačak	0		
		Rumunjsko	0		
		Ajde Jano	0		
		Orijent (Crum styling!)	0		
		Šetnja	0		
		Stara Vljajna	0		
South Africa					
1		Tante Hessie	1		
Spain /Catalonia					
1		Sardana	0		
Switzerland					
2		Alewander	1		
		La Faira da Strada	1		

Country/Region/ ethnicity	DANCE NAME	TYPE partner=1 No partner=0	Teacher	Date
Turkey				
5	Ali Paşa	0		
	İşte Hendek	0		
	Narino	0		
	Tin Tin	0		
	Yaylalar	0		
(pan) U.K.				
2	Oslo Waltz	1		
	Road to the Isles	1		
U.S.A.				
7	Elizabeth	1		
	Grand Square	1		
	Levi Jackson Rag	1		
	Amos Moses	0		
	Salty Dog Rag	1		
	Steppin' Out	1		
	Teton Mountain Stomp	1		
Wales				
1	Welsh Square	1		
Yiddish				
3	Baroiges Tanz	1		
	Das Tsighele	0		
	Klayzmer	0		
Totals		59		

(Original committee members: Ed Anderson, Eddie Cordray, Joanne Dombrowski, Lee Moser, John Pappas, Ellen Rice)

[This recommendation by Lina Considine & John Pappas (Core dance committee 2013), November 2013]

Summary and Comments:

1. There are a total of 144 dances, 59 of which require a partner (41%).
2. Remember that this list applies only to the orientation class, other dances may be taught at a different time.

The following changes were made to the original list:

- 1. Long Cacak replaced 5 Fig Cacak*
- 2. Ba La replaced Bapundak Katan (also partner replacing non-partner)*
- 3. Dana replaced Romska Gaida*
- 4. Klayzmer replaced Bapardes (and placed with Yiddish grouping)*
- 5. Tanko Bushi and Gau Shan Ching added to Far Eastern grouping*
- 6. Takanata (Bulgaria) & Ugros (Hungary) taken out to make room for Tanko Bushi & Gau Shan Ching*