DASME E REXHES

Origin:	Albania – Style of dance from Kosovo and Northeast Albania						
Background:	This is a women's dance. The song is about Rexha's wedding. Dashme means						
	wedding and Rexha is a boy's name. This song is a legend known by Albanians						
	all over the world, symbolizing hardship of Albanian motherhood. Rexha goes						
	to get the horse he will ride to his wedding, but the horse kicks him or throws						
	him off and Rexha dies. The horse is shot, and Rexha's mother laments the loss						
	of her son.						
Source:	Emin "Gaxha" Island						
Rhythm	2/4						
Formation:	Choose your own spot, arms spread out in front of breast.						

NOTE – If you have already learned the dance, then these instructions are a good reminder of the steps. However, if you have not been through a teaching session on this dance, these instructions do not provide enough information to learn the dance.

There is NO introduction. The dance starts with the music.

<u>Meas</u>	Cnt	<u>Part I.</u>	Arm Movements are subtle
		Back Step	
1	1-2	Step on R, crossing close behind L	Both arms R
2		Step on L, crossing close behind R	Both arms L
3		Step on R, crossing close behind L	Both arms R
4	1	Step L forward,	Both arms L
	2	Step R backward	Both arms R
5-8		Repeat meas 1-4 with opposite movements	
		Little Circle	
9-11		6 buzz steps to R beg w R ft, turning once in place	L hand arched over head, but
		(R, L, R, L, R, L, R, L, R, L, R)	forward of head
		(1 & 2 &, 1 & 2 &, 1 & 2)	R in front at waist level
12	1	Step L forward	
	2	Close R	
	2	Close R	
<u>Meas</u>	<u>Cnt</u>	<u>Part II.</u>	Arm Movements
		<u>Part II.</u> <u>Down/Up</u>	<u>Arm Movements</u>
1-2		<u>Part II.</u> <u>Down/Up</u> Raise up arms through sdw pos	Arm Movements
		Part II. Down/Up Raise up arms through sdw pos Lower arms slowly in front to waist level	<u>Arm Movements</u>
1-2 3-4	<u>Cnt</u>	Part II. Down/Up Raise up arms through sdw pos Lower arms slowly in front to waist level <u>Touch Step</u>	
1-2		Part II. Down/Up Raise up arms through sdw pos Lower arms slowly in front to waist level <u>Touch Step</u> Touch ball of L foot slightly fwd, knees bend,	<u>Arm Movements</u> R
1-2 3-4	<u>Cnt</u> 1	Part II. Down/Up Raise up arms through sdw pos Lower arms slowly in front to waist level <u>Touch Step</u> Touch ball of L foot slightly fwd, knees bend, while turning L ankle forward	R
1-2 3-4	<u>Cnt</u>	Part II. Down/Up Raise up arms through sdw pos Lower arms slowly in front to waist level <u>Touch Step</u> Touch ball of L foot slightly fwd, knees bend, while turning L ankle forward L raised slightly sdw, R knee raised,	
1-2 3-4 5	<u>Cnt</u> 1 2	Part II. Down/Up Raise up arms through sdw pos Lower arms slowly in front to waist level <u>Touch Step</u> Touch ball of L foot slightly fwd, knees bend, while turning L ankle forward L raised slightly sdw, R knee raised, L knee turned in	R L
1-2 3-4 5	<u>Cnt</u> 1	Part II. Down/Up Raise up arms through sdw pos Lower arms slowly in front to waist level <u>Touch Step</u> Touch ball of L foot slightly fwd, knees bend, while turning L ankle forward L raised slightly sdw, R knee raised, L knee turned in Step L forward	R L R, L
1-2 3-4 5	<u>Cnt</u> 1 2	Part II. Down/Up Raise up arms through sdw pos Lower arms slowly in front to waist level <u>Touch Step</u> Touch ball of L foot slightly fwd, knees bend, while turning L ankle forward L raised slightly sdw, R knee raised, L knee turned in	R L

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<u>Meas</u>	Cnt	Part II continued	Arm Movements
11	1	Touch ball of R ft slightly forward while turning	R
		R ankle forward	
	2	R raised slightly sdw,	L
		L knee raised R knee turned in	
12		Repeat meas 11	R, L
		Left & Right Buzz	
13-14		4 buzz steps to L beg w R ft	R, L, R, L
		$(\mathbf{R}, \mathbf{L}, \mathbf{R}, \mathbf{L}, \mathbf{R}, \mathbf{L}, \mathbf{R})$	
		(1 & 2 &, 1 & 2)	
15-16		4 buzz steps to R beg w L ft	R, L, R, L
		(L, R, L, R, L, R, L)	
		(1 & 2 &, 1 & 2)	
		Big Circle	
17-20		8 buzz steps to L beg w R ft in a large circle	L in front bent at face level,
		counter clockwise	R behind slanting down
		(R, L, R, L, R, L, R, L, R, L, R, L, R, L, R)	-
		(1 & 2 &, 1 & 2 &, 1 & 2 &, 1 & 2)	
		Touch Step	
21-22		Repeat meas 5-6	
23		Repeat meas 11	
		Little Circle	
24-26		6 buzz steps beg w R ft, turning R in place (as in	as in meas 9-11 of Part I
		Part I, meas 9-11)	
27	1	Step in place	both arms down
	2	Step L slightly forward	
Meas	Cnt	<u>Part IIIA.</u>	<u>Arm Movements</u>
		Hesitation Step	
1	1	Step ball of R ft slightly forward	both arms fwd at waist level
	2	Weight on R with accent	R
2	1-2	Step L, R back in place	L, R
3-4		Repeat meas 1-2 in mirror image	
5-12		Repeat meas 1-4 two more times	
		Little Circle	
13-15		6 buzz steps beg w R ft, turning R in place	as in meas 9-11 of Part I
		<u>Part IIIB.</u> (for ending of dance)	
		Hesitation Step	
1-12		Repeat meas 1-12 of Part IIIA.	
		Little Circle (to end dance)	
13-14		4 buzz steps beg w R ft, turning R in place	as in meas 9-11 of Part I
15	1	Step R in place	
	2	Step L slightly forward	lower L arm to waist

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Meas	<u>Cnt</u>	Part IV. <u>Arm N</u>	/lovements
		Back Step	
1-4		Repeat meas 5-8 of Part I. : (L)	
5-8		Repeat meas 1-4 of Part I. : (R)	
9-12		Repeat meas 5-8 of Part I. : (L)	
		Left & Right Buzz, Big Circle, Touch Step, Little Circle	
13-27		Repeat meas 13-27 of Part II.	

Order of dance: I, II, IIIA, IV, IIIB/I, II, IIIA, IV, IIIB

Dasme e Rexhes	- Leslie's Sequence Reminder	- A, B, A, B
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Sequence A			Sequence B				
Ct	Note	Step	Ft	Ct	Note	Step	Ft
16	2x8	Back step	R	24	3x8	Back step	L
8		Little Circle	R				
8		Down/Up	n/a				
16	4x4	Touch step	L				
8		L&R Buzz	R	8		L&R Buzz	R
8		Big Circle	R	8		Big Circle	R
6	1.5x4	Touch step	L	6	1.5x4	Touch step	L
8		Little Circle	R	8		Little Circle	R
24	6x4	Hesitation step	R	24	6x4	Hesitation step	R
6		Little Circle	R	6		Little Circle	R

Miami Valley Folk Dancers 45th Anniversary Weekend International Folk Dances taught by Wim Bekooy

Instructions by M. Ibns and L. Langeveld November 8 and 9, 1997

Step Titles and Sequence Reminder added in 2009 by Leslie Hyll Presented by Leslie Hyll (Dayton, Ohio) at the 2009 Door County Folk Festival (Wisconsin) (with the expert assistance of Lorraine Fortner)

Corrections & updates added in 2012 by Leslie Hyll Presented by Leslie Hyll and Lorraine Fortner at the Indianapolis Folk Dancers, October, 2012